HOW TO BUILD YOUR CAREGIVING TEAM

**TEAM MEMBERS**

Self

Close Family Members

Close Friends

Extended Family and Friends

Neighbors

Faith Community

Community Resources

 Public Library

Senior Center/Community Center

 Support Groups

 Places of Worship

 Respite Care

Adult Day Care

Professionals

 Legal

 Financial

 Medical

Counselor/Pastor

Law Enforcement

Paid Caregivers

Your Computer

www.reneeharmon.com